



SAFG SELECTS NEW OFFICERS

This past year we have been faced with challenges in the succession of authority and passing on the mission of our organization. Thankfully we have been able to identify a team with experience and some new talent to pick up the reins. We are pleased that Charles Linden and Hannu Melarti were elected by the general membership to the Board of Governors. A full list of the Board of Governors and the Executive Committee may be found on page 12.

Margareta Martin was elected to the office of SAFG President. She has been involved with the Foundation from its inception in 1983, serving as Secretary, Chair of the Visual Arts Committee, Editor of *Insights*, Director of Communications, Vice President-Finland, President and Chair of the Board of Governors. Her familiarity with the operation of the foundation is critical at this juncture, and she will be the guide in bringing us up to a new level.

Other new officers include Christian Lodde, Secretary; Gitte Toben, Vice President-Denmark; Elin Griffin, Vice President-Iceland; Erik Kind, Vice President-Norway; and Agneta Mimms, Vice President-Sweden.

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MAGNUS MÅRTENSSON BRINGS MUSIC AND LAUGHS TO EMORY PERFORMING ARTS STUDIO

Do you miss Victor Borge, the classical pianist whose clever blend of humor and music earned him the title of Clown Prince of Denmark? Swedish Magnus Mårtensson never set out to be Borge's comedic heir, but ever since a 2003 tribute concert at Victor Borge Hall in New York City, the talented musician, composer and conductor has become known as one of Scandinavia's funniest men.

Atlanta audiences will get their chance to enjoy his antics during an SAFG-sponsored concert on Saturday October 8, 2011, at 8 p.m. at Emory University's Performing Arts Studio, 1804 North Decatur Road, Atlanta, 30322.

No stranger to the United States having performed all across the country, Mårtensson named his 2009/10 North American tour "Excuse me, does my piano count as one carry-on?" The Scandinavian American Foundation of Georgia is pleased to sponsor his first Atlanta concert.

Mårtensson is music director of the Scandinavian Chamber Orchestra of New York, and previously held the same title with the Slee Sinfonietta (SUNY-Buffalo). He's also conducted the New York New Music Ensemble, as well as ensembles at The Manhattan School of Music and Teatro San Martin (Buenos Aires). His 2008 piano performance at the United Nations, which hilariously referenced numerous famous classical pieces alongside "Twinkle, Twinkle, Little Star," reportedly even made the Honorable Ban Ki-moon titter. A clip can be seen here: www.youtube.com/watch?v=Smmc7DaPyQc.

Proficient at the piano and violin,



Photo courtesy of Magnus Mårtensson.

Mårtensson has composed many pieces of music, written the book, *Thoughts, Verse and Other Nonsense*; produced several short films (including *The Dog* and *The Maestro*, screened at Scandinavia House in New York in 2008); and is currently working on a feature-length movie. For press, recordings and bio info on Mårtensson, visit

www.MaestroMartensson.com.

Tickets are \$20 general admission, \$10 students/faculty (with school ID) and \$38 for VIP seating (including private reception). Purchase them at www.safg.us or mail a check (payable to SAFG) to P. O Box 1166, Decatur, GA 30031-1166. Note the attendees in the subject line. Tickets may be picked up at Will Call on the evening of the performance. Parking is available in the Lowergate-South Parking Deck, next to the Emory Law School, or the Fishburne Parking Deck, next to the Schwartz Center. ♦

PRESIDENT'S MESSAGE

Dear SAFG Members:

Most of you remember me from years back when I was President and then Chairperson of SAFG; now I have been elected to serve as President again, and I am honored by your confidence in me.



Much has changed since my last time, especially thanks to technology advances. We have a new website (www.safg.us) which will keep you continually updated on what's going on with SAFG, and most of our communications will be electronic which will save money for use on programs instead of printing and mailing and be so much quicker. We are also on Facebook, and we hope to go back to issuing *Insights* four times a year.

Our new Executive Committee has been hard at work planning programs, the first of which is on October 8—Swedish pianist Magnus Mårtensson, who has been likened to Victor Borge, will provide a fun evening at Emory University's Performing Arts Studio at 1804 North Decatur Road. (See article on page 1.) The next event will probably be a Finnish film, *The White Reindeer*, filmed in the 1952 and now a "cult film" among those interested in "Lappish shamanism," vampires and the like. We also will have a culinary program with Vagn Nielsen, chef of Proof of the Pud-

ding, and a couple of art programs and music programs. In spring 2012, we will welcome Sara Kärholm, a University of Lund academic, lecturing on Swedish crime fiction (she will be at Harvard for the Spring semester). And we will be looking closely at what you indicated as your particular interest(s) on the membership form as a guide to future programs.

I am hoping to recruit some Board of Governors members to head a fundraising effort to organize another Scandinavian Weekend in 2012 with speakers from our embassies discussing some important topic, combined with exhibits and smaller events. Remember how popular the Weekends were in the past? We will also conduct a membership drive to pull in former members who have dropped out for some reason and new members interested in Scandinavian culture. Everyone can help with this by introducing SAFG to their friends.

Only with a strong base of dedicated members and backed by sufficient funds will we be able to attract quality programs to Atlanta. It is hard to put on a program nowadays for much less than \$3000. Just the venues run easily to \$1000. Add to that publicity and refreshments and various set-up costs, and we will soon exhaust our presently rather modest bank account. I am being quite frank about this, so that you can appreciate what you as members can do to make sure SAFG can continue to serve you and the Atlanta community at the highest level possible.

I look forward to seeing you all at Maestro Mårtensson's concert on October 8! ♦

—Margareta Martin

SAFG SELECTS
NEW OFFICERS

Continued from Page 1

Continuing in their positions are Anne Hämäläinen, Vice President-Finland and Tuula Becker Webmaster. Dennis Carlson is serving the last year of an extended term as Chairman of the Board of Governors, and Tom Rosse-land has been reappointed Legal Counsel. Jason Goodman has been reappointed Editor of *Insights* and taken on the responsibility for our Facebook presence. Only the Treasurer's position is currently unfilled.

We also are considering reestablishing the interest committees: Athletics, Communication, Culinary Arts, Dance, Education, Film, Finance, Literature, Membership, Music, Theater and Visual Arts. If you have an interest in any of these areas please contact Margareta Martin (404-373-9919 or margaretamartin@att.net). ♦

CORRECTION

The last issue of *Insights* carried an article titled "The True History of St. Urho." To suggest that the article was based on "Finnish oral tradition" was misleading. "Finnish-American" oral tradition would be correct. It was no doubt intended to be funny, but the Finns of Atlanta were not amused. The St. Urho nonsense is fake, invented by Finnish Americans in the Northern states as "one-up-manship" on the Irish St. Patrick's Day on March 17, a day after St. Urho's Day was indeed proclaimed a "holiday" in Georgia by two of our governors in the early 1980s, at the initiative of then Honorary Consul of Finland Philip Nethercut who did not know it wasn't a real Finnish holiday, nor a real "legend." This explanation should have accompanied the article, as was done when years ago it was submitted to *Insights* in a slightly different form. To be sure, the Atlanta Suomi Finland Society used to have a St. Urho's Day event for many years, but it was just an excuse to have a party at a pub, with no mention of the miraculous exploits of the "Saint" invented by some immigrant with a sense of humor. ♦ —MM

INSIGHTS
Fall 2011

Published quarterly by the Scandinavian American Foundation of Georgia

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FOUNDATION'S WEBSITE HAS A BRIGHT, NEW LOOK

The website of the Scandinavian American Foundation of Georgia (SAFG) has been redesigned by Tuula Becker, the foundation's new Webmaster, and has more and easier to find content. Its address is www.safg.us.

Becker has been involved with software development for more than 30 years, beginning with a programming course at Helsinki University and then with Nokia Electronics there. She moved to Atlanta in the 1980s.

She said web and social media have become the methods of choice many busy people use to research and communicate. She developed her own website as a hobby, then did one for the Atlanta Finland Society, Inc., and has now done one for SAFG. Becker said her goal is to keep all SAFG members informed and post on the website all local Scandinavian events on the Foundation's "Events" page. This should prevent interested persons from missing information about events announced just before or just after one of the three yearly issues of the SAFG newsletter (*Insights*) is published. The link to this site may be added to one's "Favorites."

The website and Facebook page are now the best way to stay current about happenings and the fastest way to communicate. Those interested should be sure to "like" SAFG's Facebook page.

Becker said she invites everyone to send her information about coming events to share with others on SAFG's website. ♦



Photo courtesy of Tuula Becker.

CHAIRMAN'S MESSAGE

Dear SAFG Members,

Let me congratulate those who were elected to the Board of Governors of SAFG including new members, Hannu Melarti and Charles Linden. They join Pekka Ignatius, Ted Johnson, Margareta Martin, Marianne Woodyard and me who were re-elected for another 3-year term. Also, Tom Rosseland has been appointed for another term as Legal Counsel, and by the time you receive this, the Board will have elected the officers, listed on page 12 in this publication. Each person deserves a thank you for the work they are doing and will be doing in the future.

As I write these words I am in Portland, Oregon, having just returned from the opening session of the spring meeting of the Board of Directors of



the Swedish Council of America. I have served on this board for many years joining others from our community who have served in the past including Glen Brolander, Barbro Linden, Bruce Larson, Ted Johnson and Laurie Fulton.

This brings to mind the reality that we are connected with other Scandinavian organizations sharing our interests and making us part of a greater effort to preserve our culture and share our heritage. The American Scandinavian Foundation in New York and the Finlandia Foundation are other examples of such connections. Sometimes I've felt we are alone here in the South, and yet I know we have these connections plus connections in Scandinavia. This meeting gives me an opportunity to catch up on what is happening with our counterparts elsewhere and to share with them some of what we are doing in our corner of the world. If you would like to learn more about the Swedish Council, you may go to www.swedishcouncil.org. ♦

—Dennis Carlson

JON RIIS' TAPESTRIES AT MODA , OPENING OCT. 2

Norwegian-American Jon Eric Riis is one of three artists whose works will be displayed this fall at the Museum of Design Atlanta (MODA) in the special exhibition, *The Opulent Object in Wood, Metal, and Fiber: Richard Mafong, Mike Harrison and Jon Riis*, running Oct. 2 through Jan. 1, 2012.

Considered by many to be the nation's leading contemporary tapestry artist, Jon Eric Riis has perhaps more than any other artist taken the ancient craft of hand-woven tapestry to the level of important contemporary fine art. Often imbuing his subject matter with highly critical social and cultural ideas, Riis' provocative art is as important for its content as it is for its stunning execution and unmatched technical prowess, combining woven silk and metallic thread with textured undulating surfaces of hand-stitched pearls, coral and glass beads. His works are in the permanent collection of The Art Institute of Chicago, as well as the American Craft Museum in New York, among many others.

Concurrently MODA also will feature *Graphic Intervention: 25 Years of International AIDS Awareness Posters 1985-2010*, as well as portions of the AIDS Memorial Quilt. SAFG members are invited to meet Jon Riis, between 1-5 p.m. on opening day (Oct. 2); he'll speak around 2:30 p.m. at MODA's new home (1315 Peachtree St.). For more info, visit: www.museumofdesign.org. ♦



TED AND DELORES JOHNSON MOVE TO MINNESOTA

Herbert F. and Delores Johnson have moved to Roseville, MN after having lived in greater Atlanta since 1978. Delores was born and raised on a farm in northern Minnesota and met Ted (as we've come to know him) at a summer seminar at the University of Minnesota YMCA camp. It is interesting that this was in the co-ed dorm before co-ed dorms were popular.

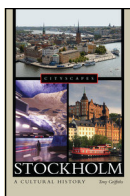
Originally from St. Paul, Ted graduated from U of M with a major in international relations and minors in Chinese language and military science and graduated as an ROTC Second Lieutenant. Ted was introduced to Georgia in 1958 when he spent four months at Fort Benning Officer Training School.

The Johnsons lived in Lund, Sweden for six months in 1975, and later Ted returned to U of M and earned a master of library science degree. From 1978 to 1987, he was the Director of Libraries at Emory University and introduced many of the programs that linked the libraries in cooperative efforts. For approximately 10 years, Ted and Delores sold and repaired scooters for the disabled through the company, Active Mobility. Ted also began to provide financial services through Primerica and counseled investors.

Ted and Delores have been active in the Scandinavian American Foundation of Georgia and Ted served on the Board of Governors for many years. They are also members of Nordic Lodge #708 of the Vasa Order of America and charter members of Vennekretsen Lodge of Sons of Norway. Ted is also a member of Vasa Drängar, the Swedish Male Chorus of Atlanta, and he is a Director Emeritus for the Swedish Council of America, after having served 13 years on that board. It is through his efforts that so many of the Scandinavian groups have been able to use the facilities of St. Luke Lutheran Church, where on Sept 12 a surprise farewell party took place, organized by the Nordic Lodge 708 with entertainment provided by Vasa Drängar.

We will miss Ted and Delores, but we hope they enjoy their home in Minnesota and will return to visit us often. ♦

Photos: Ted and Delores Johnson at their farewell party on Sept. 12. In the bottom photo, they share a laugh with SAFG Chairman Dennis Carlson and President Margareta Martin. Photos credit: Bernard Gilliland



**STOCKHOLM:
A CULTURAL
HISTORY**
BY TONY GRIFFITHS
(Oxford, 2009; 228pp; pb)

Book Review By Margareta Martin

Quite accidentally I came across this book and first thought it was a tourist guide to Stockholm. That's how it starts out, but by Chapter Two the author

starts picking up different topics: "Murky Ends: A History of Assassination" (Gustav III, Olof Palme, Anna Lindh); "Fearful Lingo: Mutual Misunderstandings" (various foreign writers' involvement with Sweden and dealings with Strindberg—George Bernard Shaw, Graham Greene, etc.).

Then follows analysis of well-known Swedish industrialists and philanthropists—Alfred Nobel, Ingvar Kamprad (IKEA), Axel Wenner-Gren,

the AGA stove and matches. Next come filmmakers and stars—Greta Garbo, Ingrid Bergman, Anita Ekberg, Bo Wideberg, Ingmar Bergman. Chapter Six is on "Sex, Gender and Equality"; Chapter Seven on "Conformity, Control and the Demon Drink."

Here the author explains that Swedes love a "system," as e.g. Systembolaget that controls alcohol sales.

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FINNISH RYE BREAD CONQUERS AMERICA

Two brothers from the north Finland city of Oulu—Simo and Tuomas Kuusisto—are baking rye bread as fast as they can; customers can't get enough of it.

About three years ago they started selling Finnish rye bread at the organic market of Port Washington on Long Island. At first they sold other breads as well, but since they always sold out the rye, it seemed a good idea to concentrate on it alone. They moved their Nordic Breads operation to Manhattan.

Just after Christmas, *The New York Times* ran a piece about them, and now Whole Foods has picked up their rye bread. Earlier it had been available only at various organic foods stores and markets. Their rye bread really took off after that article. The Food writer of *Vogue*, Jeffrey Steingarten, raves about it, as well as Alice Waters, a notable pioneer of organic foods. Their bread is now available at eight Fairway supermarkets in the New York area as well as the deli Dean & DeLuca that has two stores and several cafes in Manhattan. The Swedish style FIKA Café is experimenting with making lox, meatball or egg-anjovis sandwiches on their rye. Other delis are also carrying Nordic

Breads products.

The brothers have a contract with three northern New York State farmers who are now planting more rye in their fields to meet the demand. This assures better consistency of the Kuusistos' bread. Both brothers also have long careers as chefs for notables, such as UN diplomats and others. Simo also has worked for top restaurants, e.g. the Swedish Aquavit Restaurant and its fish restaurant Snaps, and he has catered for Diana Ross.

Simo says their dream is to give every American a chance to taste rye bread. "Anyone who has tasted it once will want more," he jokes in *The New York Times* article. Nordic Breads has nearly 3000 "fans" on Facebook. You can also order online:

www.nordicbreads.com.

But no need to do that—you also can get Finnish rye right here in Atlanta! The Ska Bakery in Fayetteville bakes fresh rye bread once a week and you can get it at the bakery or order online at: www.skabakery.com. It is also for sale at the Georgia State Farmer's Market Welcome Center gift shop. When the Atlanta Finnish School is in session, you can pick up your order



Ska Bakery's Scandia Heart Bread.

on the Saturday mornings that the school meets in Norcross—the contact is: eveliina.russell@skabakery.com.

Last year the Atlanta Finland Society was asked to participate in an "international exhibit" at Emory Healthcare hospitals, and Eveliina made sandwiches and gave away samples of rye bread. It was a big success. "So nutritious—and tastes so good," all the nurses and doctors said. Ska Bakery is owned by a Finnish couple, Ari and Elina Boman. The head baker is Larry Morales who has been thoroughly trained in how to make genuine Finnish rye bread. Why not check their website?! ♦ —Margareta Martin (Sources: APU magazine: *The New York Times*; SKA Bakery)

BOOK REVIEW Continued from Page 4

Carl Linnaeus created the system for categorizing plants. The Tunnelbana (Metro) system "always runs on time."

Then we get a political history of Sweden—the Vasa dynasty, Queen Christina, the Bernadottes—and the "Tragic Past"—the Stockholm Bloodbath, the ships that sank (Vasa and the Estonia ferry), SAS flight 868, and the effects of Chernobyl. An entire chapter is devoted to the Nobel Prize, mostly for Literature, and all the winners are listed, as well as why the Australian writer Patrick White refused it; he had been promoted by "our friend" Ingmar Björkstén (who put on several programs for SAFG in the '80s). After a survey of who is buried in which Stockholm cemetery, we are told about how Stock-

holmers enjoy themselves, the Smörgåsbord on the ferries between Stockholm and Finland, and the many meanings of the word "lust" in Swedish.

I think I know quite a bit about Swedish history but I learned a lot more from this book. The problem is: can you trust Griffiths' "facts"? He says Birger Jarl conquered Finland and baptized the Finns, when according to legend, King Erik and Bishop Henry made the "first crusade" in the 1150s; Birger Jarl may have made the "second crusade" farther inland a hundred years later. There are other questionable statements, and he should definitively have had a Swedish-speaking editor to correct the many misspellings and misinterpretations of Swedish words. (I thought "lusthus" was a gazebo rather than a summer cottage.) He spells Gunnar Myrdal's wife's name "Alvar" when it is "Alva." He should have doublechecked the name of

a Nobel Peace Prize winner (1982) who held high posts in the UN, UNESCO and the Swedish Foreign Service. Gunnar M. who wrote "An American Dilemma" about race relations in the US is only mentioned as having previously owned Olof Palme's apartment! Yet he was instrumental in creating the Swedish Welfare State after WWII.

The author has lived in Sweden and is generally positive about the Swedes, but one detects a patronizing, ironic attitude. He does not hesitate to mention Nazi sympathies and other unpleasant aspects. He makes much of having lived right around the corner when Palme was shot. Griffiths is also the author of "Scandinavia," which covers all the five countries, their history, the Vikings, any controversial aspects—might be a "good read." Both books are available for purchase online from www.abebooks.com or other sources. ♦

NEWS FROM SCANDINAVIA

AFTER 300 YEARS, BOOK OF LAW RETURNS TO DENMARK

The oldest known version of one of Denmark's most important historical documents returned home yesterday after a 300-year stay in Sweden.

Known officially as *Codex Holmensis c37*, the book is the oldest known version of the Jutland Law, and dates from 1280. It was taken to Sweden in 1717 where it was stored in the Royal Library.

In an exchange ceremony in Stockholm, Per Stig Møller, the culture minister, presented Swedish representatives with a copy of a similar Swedish book, the Law Book of Södermann, dating from 1327. The book had been stored in the Royal Library in Copenhagen, and is also the oldest known copy of the law.

The Law of Jutland is considered Denmark's first legal code and its most famous line—"with law shall nation be built"—is engraved into the façade of the Supreme Court. Møller called the book "an important national symbol that represents some of the most important values of Danish society."

Although the possession of the books was permanently transferred by the Royal Libraries, the agreement does not transfer their official ownership.

Source: *Copenhagen Post*

PROJECT TO BOOST COPENHAGEN BEE POPULATION

Copenhagen is working to keep parks and green areas pollinated through a new bee recovery program. Some three million bees are being added to the city's natural population thanks to the new program backed by Bybi (meaning "city bee"). The group is hoping that the new residents will ensure that bushes, flowers, and trees throughout the city continue to blossom.

"Lots of people today think of

nature as something that stands apart from our everyday lives," Bybi director Oliver Maxwell said. "But there are tons of natural diversity in the city, around the train tracks, in the backyards, and in the parks, where the bees are essential for sustaining and pollinating nature."

Several other cities worldwide recently have begun bee reintroduction projects, including Chicago, Paris and London, where dozens of hives have been added to rooftops. In Copenhagen, new hives can be found on rooftops at the Bella Center, in Kongens Nytorv square and at the Carlsberg HQ.

Source: *ICENews*

PEACE MATTERS ON AHTISAARI DAY

Martti Ahtisaari, 2008 Nobel Peace Prize winner and former Finnish president, celebrated the 10th anniversary of Crisis Management Initiative, an organization he founded, at a seminar packed with high-profile speakers on April 19, 2011.

The event, entitled *Every Peace Matters*, was streamed live and featured Ahtisaari; Former United Nations Sec-

retary General Kofi Annan; Finnish President Tarja Halonen; American philanthropist Swanee Hunt; Finnish Foreign Minister Alexander Stubb; South Sudanese rap artist and former child soldier Emmanuel Jal; and PLO envoy Afif Safieh, among others.

Simultaneously, the seminar kicked off *Ahtisaari Day*, a day that aims to make peace mediation work more widely known by emphasizing the importance of education, knowledge, and communication. It included events for experts, the general public, and schoolchildren.

Ahtisaari Day will again be marked on November 11, the name day for Martti in the Finnish calendar. In the future it will be held annually on November 11.

Ahtisaari's distinguished career as a diplomat and peace mediator in Namibia, Kosovo, the Indonesian province of Aceh, and elsewhere proves what he noted in his Nobel acceptance speech: "If we work together we can find solutions. We should not accept any excuses from those in power."

Source: *This is Finland*

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NORDIC COUNCIL APPROVES SPINAL-CORD-INJURY RESEARCH PROPOSAL

The Nordic Council's Welfare Committee has approved an Icelandic proposal to establish a team of doctors and scientists to develop plans to advance spinal-cord injury research and treatment. The proposal will be on the council's November agenda, according to an IceNews report this past February.

The proposal was proposed by Audur Gudjonsdottir, an Icelandic nurse and mother of a daughter paralyzed by a spinal-cord injury in 1989. Since then, Gudjonsdottir has fought to increase recognition of the serious health consequences that a spinal-cord injury can cause, and also of the need for a worldwide effort to research a cure.

Gudjonsdottir produced the TV program *You Will Never Walk Again*, which has aired in many nations, and, in cooperation with a doctor, launched a database about spinal injury treatment, which is available in Arabic, Chinese, English, Russian and Spanish. Gudjonsdottir has also produced the TV advertisement *The Paralyzed Puppet*, in 29 languages, and started a petition in Nordic countries, to persuade the U.N.'s World Health Organization to actively support efforts to find a cure for spinal-cord injury. Her volunteer activities for the cause are done from her home.

"It is vital to create such a working group to enable the launch of a systematic search for a cure for spinal cord injury," Gudjonsdottir said in the *ICENews* article. The team will examine research on the topic and experimental treatments of it from around the world with the goal of integrating current scientific findings, she added.

The approach is not innovative, and she expects that the basic knowledge that will make the difference in discovering a cure for spinal-cord injury already exists, she said. For example, Alexander Fleming's 1923 article about mold went unnoticed until World War II, when the Allies created a group of specialists, in cooperation with pharmaceutical companies. That united effort to systematically review existing research ultimately led to the development of penicillin to cure infection, Gudjonsdottir said. ♦

Source: *ICENews*, 2/11/2011, <http://www.icenews.is/index.php/2011/02/11/icelands-proposal-for-spinal-cord-injury-research-team-approved/>

NEWS FROM SCANDINAVIA

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OSLO, WORLD CAPITAL OF ELECTRIC CARS

Despite gaining its wealth from oil, Norway is becoming the world's biggest user of electric cars. The Nordic country boasts nearly 4,000 silent and emission-free electric vehicles, primarily in Oslo and the other main cities, users of which get to park for free in city centers and are exempt from pricey congestion charges.

Oslo, and all of Norway, have earned their status as the electric car capital through ambitious carbon-cutting programs and incentives for motorists. Drivers of approved vehicles are able to utilize bus-only lanes to fly by peak congestion and take advantage of designated parking upon arrival in the city.

Scientists have estimated that electric vehicles on the roads in Norway save in excess of 6,000 metric tonnes (6,613 tons US) of carbon dioxide every year.

Source: *ICENews*

CROWN PRINCESS VICTORIA IS PREGNANT

The Swedish Royal Court has announced that Crown Princess Victoria, 34, and her husband, Prince Daniel, 38, are expecting their first child with the anticipated birth being in March, 2012. The couple married in the Stockholm Cathedral in a glittering ceremony, on June 19, 2010. No changes in the schedule of the Crown Princess' public engagements are planned during the fall of 2011. The baby will be second in line for the throne, after its mother, the Crown Princess, and before Prince Carl Philip and Princess Madeleine.

Along with the announcement of the pregnancy, speculation arose about the gender of the child. However important that may seem to the many royalty watchers around the world, it is irrelevant to the line of succession, as the rules were changed from agnatic primogeniture to equal primogeniture in 1980.

Before 1980, the succession law stated that both male and female (legitimate) children of the monarch could inherit the throne, however with preference of male descendants over female descendants. In 1980, the law changed so the eldest child of the monarch, regardless of gender, could succeed to the throne. As a result, Princess Victoria, who had been displaced as heir by the birth of her younger brother Prince Carl Philip in 1979, became heir apparent to the Swedish throne.

Sources: Various



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<https://www.facebook.com/pages/Scandinavian-American-Foundation-of-Georgia/116927205014506>

Facebook SAFG members will be the first to receive announcements about upcoming concerts and events (with special pricing available exclusively to current SAFG members). If you know someone who would be interested, please invite them to like our page!

SINGING CHIROPRACTOR USES BRAIN-BODY RELATIONSHIP TO HEAL HIS CLIENTS

Dr. Sten Ekberg explains the importance of the brain and neurology for healing the human body and the need to correct the brain in order to repair physical damage.

Sten Ekberg is a neurologically-based chiropractor, in Alpharetta, Georgia, who is known to many of the state's Nordic population for his singing and guitar-playing and to his clients for his ability to help to heal them or keep them well.

In addition to singing with VasaDrängar, the Swedish-style men's chorus of Nordic Lodge No. 708 of Georgia (a part of Vasa Order of America), he occasionally sings and accompanies himself on guitar at lodge meetings.

Ekberg hails from Nyköping in Södermanland, on Sweden's eastern coast. He took natural-science-based courses in gymnasium and then did the required year's military service in the army. His scholastic and athletic ability earned him a scholarship to Southern Methodist University (SMU) where he earned a bachelors' degree in international finance and graduated *cum laude*. He also won the NCAA's Division 1 Decathlon, in 1986, while at SMU.

After SMU, he returned to Sweden where he lived in Malmö and con-



Dr. Sten Ekberg hails from Sweden but practices chiropractics here in Atlanta.

tinued his athletic career. In 1992, he broke Sweden's Decathlon record and was also Sweden's Decathlon entry in the 1992 Barcelona Olympics. In 1993, he suffered a serious ankle injury and decided to end his athletic endeavors. His recovery included treatments by medical doctors and a chiropractor.

Ekberg said he became interested in chiropractic care, as a result of those treatments. He began to understand that while surgery can make mechanical repairs to a human body and pain killers are important in a crisis situation, chiropractic treatment can eliminate pain by improving body function.

As a result, Ekberg moved to Houston, Texas, where he attended Texas Chiropractic College. Halfway through his studies, he transferred to Life University in Marietta, Georgia. He passed the national chiropractic boards, earned his degree, got his license and began a practice, which he symbolically named Wellness for Life. Its website is

www.drekberg.com.

Ekberg said he learned the importance of the brain and neurology in healing, at seminars, in recent years. "I learned the effect of chiropractic is neurological rather than mechanical; change is made to the body's software rather than its hardware," he explained. "The body and brain have remarkable abilities to repair physical damage, but healing is not complete until the brain is corrected."

"Muscles move bones, but do so as the brain commands," he added. "There is a problem if the brain gives the wrong order. Neurologically-based chiropractic enables the brain to give the right [command], so healing can happen."

This understanding is different than that of medical doctors, Ekberg supported. "Pain is only an indication that something is wrong," he said. "Drugs and surgery only address effects and cover up symptoms. When one treats only effects, the cause of a problem is allowed to express itself somewhere else." ♦



Dr. Sten Ekberg also plays the guitar and sings with Vasa Drängar.

These Scandinavian organizations in Georgia welcome your interest and invite you to contact them for more information:

ATLANTA FINLAND SOCIETY, Inc. is a chapter of the Finlandia Foundation National, a member of Suomi-Seura and a social and cultural organization for persons interested in Finland and Finnish culture in the Atlanta area. Katriina Naukkarinen, President, Email: katriina.naukkarinen@comcast.net Phone: 404-353-2898 www.atlantafinlandsociety.org

DANISH AMERICAN CHAMBER OF COMMERCE (DACC): Michael Haagen Jensen, President and Chairman, Email: info@daccusa.org Phone and FAX: 1-877-234-7679 www.daccusa.org

DANISH TRADE OFFICE: Carsten Rosendahl, Trade Commissioner, Email: tradecouncilat@gmail.com Phone: 404-588-1588 www.dtcatlanta.um.dk

FINNISH AMERICAN CHAMBER OF COMMERCE (FACC): Hannu Melarti, President, Email: hannu@hannumelarti.com Phone: 404-219-5088 www.facc-southeast.org

FINNISH LANGUAGE SCHOOL OF ATLANTA has merged with the ATLANTA FINLAND SOCIETY, Inc. Finnish school is held every other Saturday. The purpose of the school is to maintain our native language and culture and also meet and socialize with other Finnish people. There are classes for children as well as adults. Eveliina Russell, Principal, Email: eveliina80@yahoo.com Phone: 404-287-1704 www.atlantafinlandsociety.org

ICELANDIC-AMERICAN ASSOCIATION OF GEORGIA: Elin Griffin, President, Email: iclnd@hotmail.com Phone: 770-421-9129

NORDIC LODGE #708 OF THE VASA ORDER OF AMERICA is a Swedish-American cultural and fraternal organization for persons of Scandinavian birth or descent and their families. Karla Olterman, Chairperson, Email: scandinavianfest@aol.com Phone: 404-403-1163 www.vasaorderatlanta.com

SCANDINAVIAN AMERICAN FOUNDATION OF GEORGIA (SAFG) promotes cultural, educational and amateur athletic exchanges between Denmark, Finland, Iceland, Norway and Sweden and the State of Georgia. Membership is open to anyone who is interested. Margareta Martin, President, Email: margaretamartin@att.net, Phone: 404-373-9919 or Dennis Carlson, Chairman, Email: dennis.carlson@emory.edu Phone: 404-983-7305 www.safg.us

SCANDINAVIAN FESTIVAL ATLANTA: Vibeke Petersen, President, Email: Vibeke_Petersen@att.net Phone: 404-695-4478 www.atlantascandinavianfestival.org

SONS OF NORWAY, VENNEKRETSEN ATLANTA LODGE 3-678 started February, 2008. Meetings first Sunday of each even numbered month, 3 p.m. at St. Luke Lutheran Church, 3264 Northside Parkway NW, Atlanta, GA 30327. Erik Kind, President, Email: eriktheviking3678@comcast.net or erikkind@vennekretsen.com Phone: 404-934-6942 www.vennekretsen.com

SWEDISH AMERICAN CHAMBER OF COMMERCE – GEORGIA (SACC): Benedikt Ibing, Vice Chairman, Email: benedikt.ibing@sacc-georgia.org Phone: 404-941-9430 www.sacc-georgia.org

SWEDISH SCHOOL OF ATLANTA has the objective to teach the Swedish language, culture and traditions to children aged 3-18 with some prior knowledge of Swedish and at least one Swedish parent. Susanna Hammontree, President, Email: susannahammontree@yahoo.com Phone: 770-795-7640 www.swedishschoolatlanta.org

SWEDISH WOMEN'S EDUCATION ASSOCIATION (SWEA) is an international organization for Swedish and Swedish-speaking women to promote Swedish culture and foster friendship and personal growth. Camilla Gustavsson-McKinney, President, Email: bamseusa@att.net Phone: 404-402-6261 www.chapters-swea.org/atlanta/

VASA DRÄNGAR is the Swedish Men's Choir in Atlanta, founded in 1996. Göran Rygert, Founder-Conductor, Email: rygert@bellsouth.net Phone: 770-977-8537. Sten Ekberg, President, Email: doc@sten.us Phone: 678-638-0898 www.vasadrangar.org

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INSIGHTS is published by the Scandinavian American Foundation of Georgia, Inc., which is a non-profit organization dedicated to the exchange of educational, cultural and amateur athletic endeavors between the countries of Denmark, Finland, Iceland, Norway, Sweden and the state of Georgia.